

**ISAP Meeting Notes**  
**March 8, 2022**  
**1:00 pm - 2:00 pm**  
**Zoom meeting**

In Attendance: Rashmi Travis (Eaton RESA), Sarah Surna (MSHN), Jen Cronkite (CMHA-CEI), Travis Neller (Ingham ISD Early Childhood Dept.), Sarah Kenney (ICHHD), Dawn Kepler (MSU Collegiate Recovery Community), Joel Hoepfner (CMHA-CEI), Tammy Maidlow-Bresnahan (ICHHD), Mike Tobias (Prevention Network), Branda Grobaski (CHMA - CEI ), Rick Tripp (CMHA - CEI), Louise Montag, Steve Holmes

Mini Strategic Planning Session today:

Please see attached February 2022 Summary for updates and items discussed. Where do we go from here?

1. Joel H - Wellness events - connect to the community
2. Tammy - What events are opening up in person? Can we be a spring board off other events?
3. Dawn K - Recovery Fair - May 19, 2022

Comments, questions, please share by email, phone, etc. to Rashmi

**Workgroup Updates:**

- a. Family Matters - Steven Holmes - meeting 1st Monday of each month from 3:00-4:30 - prevention, families, drug use
- b. Youth Workgroup - looking for someone to chair this workgroup
- c. ROSC - Joel - meeting in February - provider network updates on prevention services - next meeting April 11, 1:00 pm on zoom
- d. Policy group - Mike Tobias - policy meeting 2nd Wednesday month from 2:30 - 3:30 focusing on liquor control issues
- e. Executive Committee - looking to bring the group back in force.

**Other Updates:**

a. Sarah Surna - MSHN updates. MDHHS is restructuring- no details yet but prevention possibly moved under recovery. If information is shared, Sara will provide that. Please reach out if you need answers or help.

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- b. Joel - March 29 CMHA Annual Report meeting - information has been sent out
- c. Jen C - crisis stabilization unit being established
- d. Tammy - hiring for new position - <https://www.preventionnetwork.org/career-opportunities>
- e. Rashmi - Mckenny Vento presentation with Ingham - possibly next month

### **Announcements and Celebrations:**

- Mike Tobias - next MCRUD webinar is on March 23 from 2-3pm. Tiffany Hall from Recover Alaska is our presenter. It was originally going to be in February. March 3-4 in the morning is the annual problem gambling conference. I believe it's free registration. Tue. April 19 is MCRUD's annual conference too. Thur. March 24 at 1:00 p.m. is the next MLCC semi-annual hearing. This will take place in Lansing and hopefully it will also be offered virtually. There is a lot of money left if you want to apply or check out their link. Grants available up to \$50k from PN. <https://www.preventionnetwork.org/c3projects>
- Joel Hoepfner - CMHA-CEI Annual Event - March 28th 2022, more details on registration and sponsorship will be shared. This will be a free virtual event.

*Next ISAP Meeting – April , 2022 at 1 pm*



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## ISAP Meeting Summary from Feb 2022

### COALITION EXPECTATIONS:

#### 1.) Collaboration (3)

- ★ Collaborative, broad-based representation, supportive space for exchange of information and resources
- ★ Collaboration. Resource-sharing. Exchange of information.

#### 2.) Information Exchange/Sharing (7)

- ★ Share relevant data and needs assessments for ongoing action planning.
- ★ Shared resources
- ★ Info resource sharing. Diversity.community
- ★ Shared goals/objectives/information exchange
- ★ Members who show up and share the work
- ★ Gaining updated information
- ★ Educational opportunities

#### 3.) Common Goals (1)

#### 4.) Action Planning (2)

- ★ Active Participation
- ★ Share relevant data and needs assessments for ongoing action planning.

#### 5.) Partnerships (2)

- ★ The coalition represents the interests of the community
- ★ Creating partnerships to support the work we do

#### 6.) Topics (2)

- ★ Underage drinking
- ★ Fentanyl in stimulants (cocaine, meth)

### PRESSING CONCERNS IN INGHAM COUNTY:

#### 1.) Vaping (2)

- ★ Vaping in youth. Concerns about fentanyl. Narcan training

#### 2.) Opioids (3)

- ★ Uptick in opioid overdoses that has continued especially during the pandemic
- ★ Substance use overdoses, homelessness. People not using fent test strips because they don't use opioids

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- ★ Fentanyl being found in stimulant's (cocaine, meth)

### 3.) Underage Drinking (2)

- ★ Increase in underage drinking because parent are responsibly allowing it
- ★ Female student drinking rates are higher than males from quickly looking at a snapshot of the 2017-2018 MIHY data.

### 4.) Treatment (6)

- ★ Not enough residential help for SUD or mental health
- ★ Need for resources for pregnant and parenting women who need SUD treatment.
- ★ Capacity of counseling options, both mental health and SUD
- ★ Continued stigma towards those in need of MH and SUD supports
- ★ Need to promote overall wellness and behavioral health as a whole (inclusive of SUD, MI, and IDD); physical wellness, spiritual wheel, physical wheel; SAMSHA (8 dimensions of wellness) ; IDD+ intellectual and developmental disabilities
- ★ Lack of mental health care

### 5.) Harm Reduction (1)

- ★ Need for more supports for harm reduction services in the community

## NEEDS AND INNOVATIONS:

### 1.) Collaborations (5)

- ★ Collaboration with Schools
- ★ Community education opportunities
- ★ Partnerships with Law Enforcement
- ★ Community Wellness Events
- ★ More participation from the community outside our professional circle i.e. youth involvement, people using treatment services, or living with mental health challenges

### 2.) Mental Health (5)

- ★ Promotion and utilization of CMHA-CEI Facebook Toolkit to promote access to behavioral health services, community resources and awareness, community education and training, and reduce stigma surrounding behavioral health (SUD, MI, IDD)
- ★ Sometimes you need to be more persistent when asking for an immediate bed. The person on the intake is only going by what is available on the screen but if we express our concern that the person we are with may/will not be able to come tomorrow and needs it now, the person on the phone may do a little more for you. Experienced it a few times.
- ★ CMHA-CEI behavioral health screening platform promotion (includes validated screenings on depression, suicide, PTSD, anxiety, SUD, Opioids and Alcohol specifically, eating disorders and wellness)
- ★ Better utilization of CMH Stand up to Stigma campaign

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3.) Trauma Responsive Services (2)

- ★ Recognition that the way we were taught (anti-drug programming, "scared straight," DARE) might not be best practice anymore. Understanding the link between trauma and SUD is imperative.
- ★ Helping those who have experienced trauma get access to care

4.) Trainings/Resources (3)

- ★ Free Narcan vending machines, safer use sites, and more access to mental health care and faster access to treatment access for recovery options
- ★ Not new by any means - mentoring programs, parenting support programs
- ★ More remote services

5.) Policy (1)

- ★ More communication with our lawmakers

6.) Assessment (1)

- ★ Yes to all of these! With all of the changes over the pandemic, a broad-based community needs assessment might be helpful to dig deeper into the current gaps.

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