



Meeting Notes



October 11th, 2022

1:00 pm

Virtual Meeting ([Zoom](#))

In Attendance:

Rashmi Travis (Eaton RESA), Kristen Smith (Eaton RESA), Charles Weber (Eaton RESA), Holly MaKimaa (Eaton RESA), Christian Powell (Wellness Inx), Jamie Merrill (Eaton RESA), John Berres (Eaton RESA), Elly Schwickrath (Samaritas), Taylor Knickerbocker (East Lansing Police Department), Sarah Kenney (ICHD), Abigail Cudney (MSU Extension), Kristina Schmidgall (Lansing Area AIDS Network), Rachel Sheff (Ingham County 4-H), Joel Hoepfner (CMHA-CEI), Steven Holmes (Teen Court - Child and Family Charities), Sarah Surna (Mid-State Health Network), Jessica Keil (Child and Family Charities), Paige Swem (Ingham County Health Department, Kim Thalison (Eaton RESA), Rick Tripp (CMHACEI)

Welcome:

Meeting called to order at 1:05 pm by Rashmi Travis

Agenda approved: No objections

Minutes from previous meeting approved: No objections

Member Spotlight:

[Wellness InX](#) presented by Christian Powell - Wellness INX

- New location 1601 E Michigan Ave, Lansing
- Focus on teaching and training
 - Pain Self Management
 - Seeking Safety
 - Finance Management during recovery
 - Nutrition
 - Recovery Coach Academy
 - Ethics
 - More
- Private therapy in-house

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Mission Statement: *Working collectively to enhance the health and safety of Ingham County youth and citizens through the reduction of the overall impact of substance use, abuse, and dependency.*



- Drivers License recovery
- Hospital work
- Accept anyone within 21 county region

Samaritas Presentation by Elly Schwickrath

- Serve many counties in addition to Ingham and Eaton Counties
- Offer many services to Samaritas the community
 - Senior Living
 - Foster Care
 - Affordable Living
 - Substance Abuse
 - Counseling Services for youth and adults
 - Individual
 - Intensive Outpatient
 - Family
 - Group
 - Recovery
 - Case Management
 - Medication Assisted Treatment
 - Insurance
 - Any Medicaid or Medicaid Eligible
 - Medicare
 - Blue Cross
 - More

Community Health Guide presented by Holly MaKimaa

- 20+ Sections of Support
 - Community Health Centers
 - Mental Health
 - Food Banks
 - Housing Assistance
 - Parenting
 - Tutoring
 - Financial Assistance

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- More
- Offer referral pads with QR code to digital guide on Eaton RESA website
 - They do track the number of pads to be able to continue providing them as they are funded using grant money.
 - They do not track personal information
 - [Request a Referral Pad](#)

ISAP Update:

- Looking to reorganize the Executive Committee. Right now it is the chairs of the workgroups. Will likely look to including members who also receive prevention dollars and bringing those leaders to the table. You may see an email from Charles and Rashmi on this.
- Looking for ideas to increase membership
- The Executive Committee is still looking to fill the vacancy for Chair of Policy Workgroup previously held by Mike Tobias.
- There are two surveys
 - 1.) regarding use of funding
 - PALS
 - November in-person meeting for ISAP
 - June End of Year celebration for ISAP
 - 2.) RSVP for Nov meeting
- Still have vacancies for Member Spotlight
 - [Sign-up here](#)

Workgroup Updates:

- **Family Matters: Rashmi Travis**
 - Last meeting was October 3rd
 - How to grow membership
 - Youth vaping & marijuana
 - Wellness ideas
 - Rainbow fentanyl
 - Next meeting is November 7th
- **Youth Workgroup: Charles Weber**
 - Re-start of Youth Speak Series
 - October 18th, 5pm - 6pm

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- Young members of the community come to share what things that are happening in their lives and how they are affected.
- Youth-led with minimal adult involvement to help youth feel safe to share
- Youth get to express what they would like to see from the group
- [Register](#)
- **ROSC: Joel Hoepfner**
 - Last meeting was October 10th
 - Opioid settlement funds
 - Regional ROSC Committee through Mid-State
 - Recovery Events
 - Use of discretionary funds
 - Job opportunities within the provider network
 - Next meeting is December 5th at 1pm
- **Policy: Rashmi Travis**
 - Next meeting is October 12th at 2pm via Zoom
 - We had our Advocacy 101 training in Sept and MLCC Meeting in Sept. Topics included:
 - How to educate policy makers
 - How liquor licenses are distributed in areas
- **Outreach: Rashmi Travis**
 - How to introduce ISAP to potential new members
 - Looking for ideas
 - Different groups who would benefit from the coalition

Announcements and Celebrations:

- Holly MaKimaa
 - Youth Mental Health First Aid
 - How to identify, understand, and respond to signs of mental illness and substance use disorders in youth
 - November 3rd, Hybrid
 - 2 hr self-paced course + in-person 12pm - 4:30pm
 - Eaton RESA
 - [Register](#)
 - A Silent Crisis: Creating Safe and Supportive Schools for LGBTQ Students training

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- November 10th, 8am - 3:30pm
- Eaton RESA
- [Register](#)
- Joel Hoepfner
 - LCC West Campus is hosting CIT Celebration
 - 5708 Cornerstone Dr, Lansing
 - Thursday, October 27th, 5pm - 7pm
- Joshua Reiss
 - Michigan vaccine project November 15th
- Tammy Maidlow
 - [Vaccine Mobile Health Bus](#) teamed with Sparrow
 - In Stockbridge October 12th

Next ISAP Meeting –November 8th, 1pm



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