



**Meeting Notes**  
**February 8, 2022**  
**1:00 pm**  
**Virtual Meeting ([Zoom](#))**

**In Attendance:**

Rashmi Travis (Eaton RESA), Melea Belton (Eaton RESA), Julia Miller (Punks with Lunch Lansing), Sarah Surna (MSHN), Jen Cronkite (CMHA-CEI), Travis Neller (Ingham ISD Early Childhood Dept.), Sarah Kenney (ICHD), Allyson Taylor (Prevention Network intern), Dawn Kepler (MSU Collegiate Recovery Community), Joel Hoepfner (CMHA-CEI), Abigail Cudney (MSU Extension), Tammy Maidlow-Bresnahan (ICHD), Mike Tobias (Prevention Network), Christian Powell (Wellness Inx), Branda Grobaski (CHMA - CEI ), Rick Tripp (CMHA - CEI),

**Welcome:**

Meeting called to order at 1:06 pm

Review of January 2022 minutes for approval will happen after everyone is able to access them and read them. Please email Rashmi with any questions, comments or changes. Approval of February agenda motion by Joel and second by Tammy. All approved.

New to the group today:

\*Julia Miller - Punks with Lunch Lansing - new to the group. She is the co-founder and director of Punks with Lunch Lansing.

\*Abigail Cudney - MSU Extension - Health educator with MSU extension focusing on Mental Health & Stress.

Mini Strategic Planning Session today:

Back in 2019 it was originally proposed for a new focus on ISAP. In Sept, Oct., and November we held meetings at Wainwright and giant sticky notes were created with some ideas and innovations. Then we went into shut down and these are being re-addressed in this meeting.

<https://jamboard.google.com/d/13t9fifv-Fhwt7QjGc24nj6M9eDSyP9D7O9haHbbD7wl/edit?usp=sharing>

Question 1 - What are your expectations of the Coalition - JamBoard Responses

[www.midrugfreeingham.org](http://www.midrugfreeingham.org)

Mission Statement: *Working collectively to enhance the health and safety of Ingham County youth and citizens through the reduction of the overall impact of substance use, abuse, and dependency.*

\*Link for this slide [here](#)

Question 2 - Pressing concerns in Ingham County -

\*Link for this slide [here](#)

Question 3: Needs and Innovations

\*Link for this slide [here](#)

This data will be taken to the Executive Committee and come up with the next steps

Comments, questions, please share by email, phone, etc.

### 1. Workgroup Updates:

a. Family Matters: Steven Holmes - Not in this meeting

Rashmi gave an update on a project to work on, SexTortion - teens providing pictures and getting extorted. Spoke about gaps in data, prevention messaging, etc. This topic will continue to be addressed.

Empowerment Series information will be shared with the Family Matters workgroup. Rashmi will follow up with Melea on this. Sarah Kenney shared that they will pull a date by next meeting to share and include Youth vaping.

b. Youth Workgroup - Andrea has transitioned out and we are looking for someone to chair this workgroup.

c. ROSC - Joel shared there were no formal updates but there is a meeting scheduled. Always looking for new members to this group. The meeting scheduled for next week

d. Policy group, Mike Tobias - Not many alcohol bills moving right now, Senate Bill and House Bill are introducing bills about self-service alcohol dispensing machines. The amendment would be an increase in the fine to anyone using these and supplying to minors. Tomorrow is the next policy meeting and all are welcome to join.

e. Executive Committee - looking to bring the group back in force. As heads of the specific groups, please come back to the committee. As the by-laws are updated, we will be inviting you to join the committee and help drive and steer and re-build the direction of this coalition.

### 2. OTHER UPDATES:

a. Sarah Surna - MSHN updates. No real update, the master retailer list has been turned in from Ingham. Please reach out if you need answers or help.

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b. Rashmi shared that she attended the CADCA training - Community Anti-drug Coalition Association - in Washington DC - Remote Capitol Hill day - they met with Senator Stabenow, Representative Molinar....Gave an overview of ISAP work including the policy updates that Mike shared. Emerging issues were also discussed such as vaping. She attended sessions about protective factors, gender, race, culture, Native Americans, cultural humility and life- long learning.

### **Announcements and Celebrations:**

- Sarah - no updates
- Sarah Kenney - no updates
- Jen Cronkite - no updates
- Allyson Taylor - no updates
- Dawn Kepler - no definitive updates at this point - still doing remote learning this semester and looking forward to planning an event for March - also working on a family event for later this spring and invite community members about attendance at MSU
- Mike Tobias - next MCRUD webinar is on March 23 from 2-3pm. Tiffany Hall from Recover Alaska is our presenter. It was originally going to be in February. March 3-4 in the morning is the annual problem gambling conference. I believe it's free registration. Tue. April 19 is MCRUD's annual conference too. Thur. March 24 at 1:00 p.m. is the next MLCC semi-annual hearing. This will take place in Lansing and hopefully it will also be offered virtually. There is a lot of money left if you want to apply or check out their link. Grants available up to \$50k from PN. <https://www.preventionnetwork.org/c3projects>
- Travis - no real updates, introducing himself. Now at Ingham ISD in the Early Childhood Department.
- Abigail - there are several pending community education opportunities. All being held virtually. There is MHFA training (6). Adverse childhood experiences training on March 11th. Chronic pain workshop starting in April (6 weeks self-management). Upcoming opioid misuse webinar. These opportunities are free except for MHFA and open to the public virtually. The links are below.

MSU Extension - Mental Health First Aid training dates and registration link:

<https://www.canr.msu.edu/mental-health-first-aid/adults>

Chronic Pain PATH Workshop April/May 2022

<https://events.anr.msu.edu/CPPapril/>

Opioid Misuse Prevention Webinar – April 19

[https://events.anr.msu.edu/misuper\\_april/](https://events.anr.msu.edu/misuper_april/)

ACEs Training

<https://events.anr.msu.edu/ACEsMay11>

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- Julia Miller - general information about the group is 4 years old now and primary focus is assisting with the needs of the homeless and at risk of becoming homeless. Participants are mostly those who use substances and on the verge of mental health issues. They assist with harm reduction supplies, food and utilizing other organizations. She will supply you with additional information. Send an email. We are located in the Fledge Learning Center? [punkswithlunchlansing@gmail.com](mailto:punkswithlunchlansing@gmail.com) if anyone wants to contact us
- Joel Hoepfner - CMHA-CEI Annual Event - March 28th 2022, more details on registration and sponsorship will be shared. This will be a free virtual event. thank you, have to go!
- Tammy - new role is new prevention program coordinator! Congratulations to you. There are lockboxes available if you need some. Reach out to Tammy to make arrangements. She is also finishing up the latest edition of the SUD. If you want something in it, please reach out to her.
- Christien - no updates

**Final topic for today** - Spotlight of Member - Volunteer? Topic of the Month!

Abigail Cudney would love to share in April.

Topic suggested is Motivational Interviewing - perhaps pull little pieces for the monthly meeting and then expand it out to a full workshop.

March 8, 2022 @ 1:00 pm. This will be virtual again.

Question, comments, thoughts? Thank you all for coming and providing your feedback. We will be looking at the future direction based on feedback we received today.

Motion to end - Mike Tobias, 2nd by Tammy Maidlow-Brenahan - All in favor aye! Motion carried

***Next ISAP Meeting – March 8, 2022 at 1 pm***

***[Meeting Link](#)***

***Meeting ID: 273 751 1477***

***Passcode: ISAP***

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